

COORDINATED HUMAN SERVICES TRANSPORTATION PLAN UPDATE



MAT-SU ASSEMBLY MEETING

JUNE 19, 2018



MAT-SU HEALTH
FOUNDATION



MATANUSKA-SUSITNA
BOROUGH

Why Update the Plan Now?

- **Meet requirement for locally developed plan to accessing Federal Transit Administration (FTA) funds per Fixing American's Surface Transportation (FAST)**
 - **FTA 5310 Funds**
 - **Alaska Mental Health Trust Funds**
- **Allows Mat-Su area human services providers to apply for pass-thru grants from Alaska DOT&PF's State Community Transit Office**
- **Grant Applications due December 2018!**

WHEN GOALS COLLIDE



Matanuska-Susitna Borough
Long Range Transportation Plan

GOAL 1: Transportation. All Mat-Su residents have transportation to work, healthcare appointments, school and community activities, and other opportunities that affect the quality of their lives.

2016 Mat-Su Community Health Needs Assessment

GOAL 2: Provide Transportation Choices.

Strategy 2 – Long Range Transit Vision

Strategy 4 – Expand Vanpools

Strategy 5 – Consider Additional Demand Response Service

Strategy 6 – Encourage Ride Sharing Services

Strategy 10 – Improve Awareness of Transportation Choices

2035 Mat-Su Long Range Transportation Plan

Adopted December 2017

HEALTH IS WHERE WE

Live, Learn, Work & Play

2016 MAT-SU COMMUNITY HEALTH NEEDS ASSESSMENT

PROJECT TEAM



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MATANUSKA-SUSITNA
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PROJECT PURPOSE

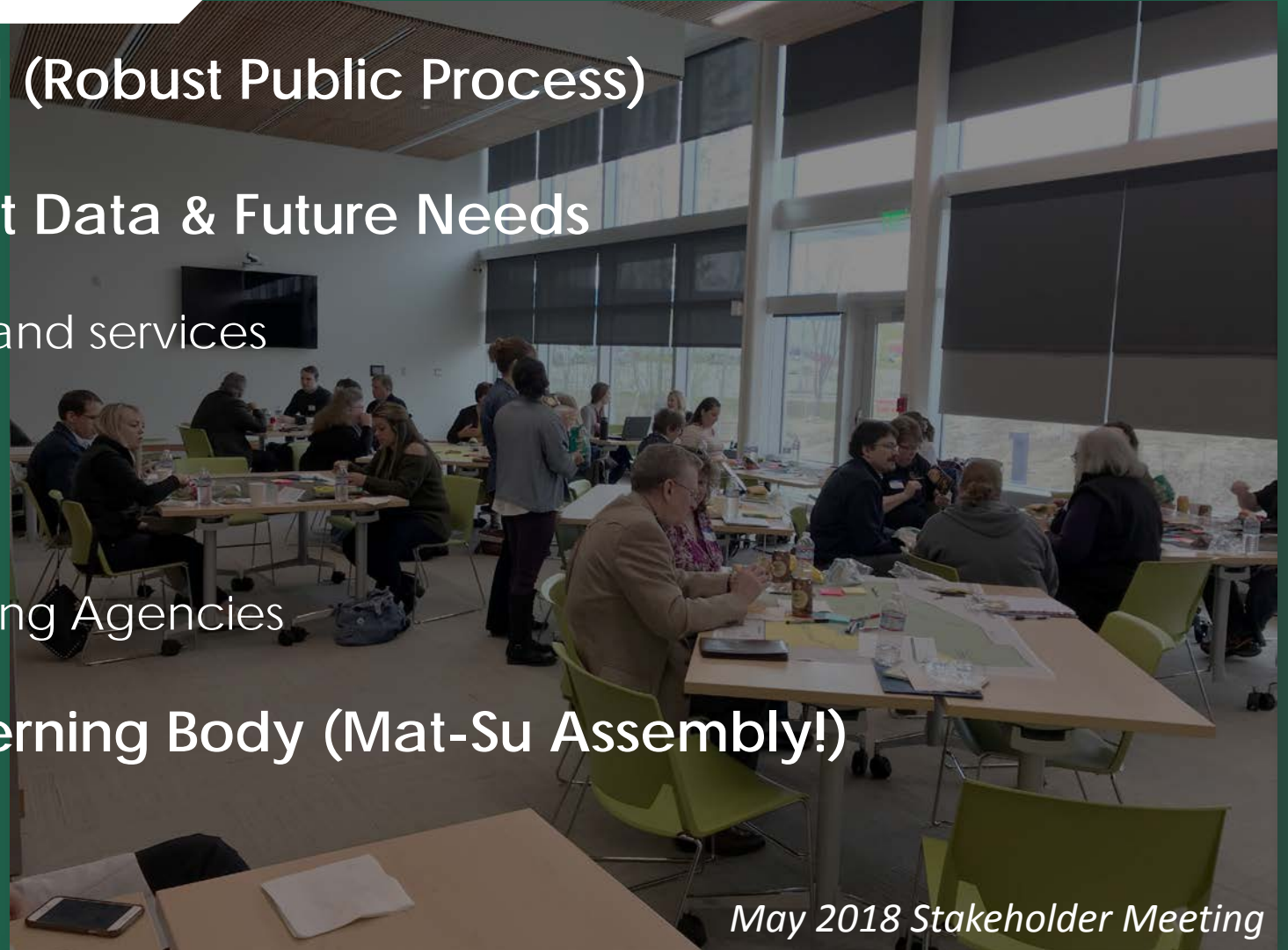
What is the purpose of a Coordinated Human Services Transportation Plan (CHSTP)?

- To coordinate transportation services among providers in the Mat-Su;
- To plan for a sustainable, multi-modal transportation network that effectively meets the needs of all Mat-Su Borough residents.
- To support and enhance mobility for senior citizens, individuals with disabilities or medical needs, low-income families, and at risk Mat-Su residents through improved public health and human services transportation coordination.

An opportunity to improve public access to health and human service providers.

PLAN REQUIREMENTS

1. Must be locally developed (Robust Public Process)
2. Include Specifics of Current Data & Future Needs
 - A. Community Background
 - B. Inventory of local resources and services
 - C. Needs assessment
 - D. Gaps in services
 - E. Strategies
 - F. Priority of Projects
 - G. Signature Page of Participating Agencies
3. Resolution from Local Governing Body (Mat-Su Assembly!)



May 2018 Stakeholder Meeting

TRANSPORTATION NEEDS

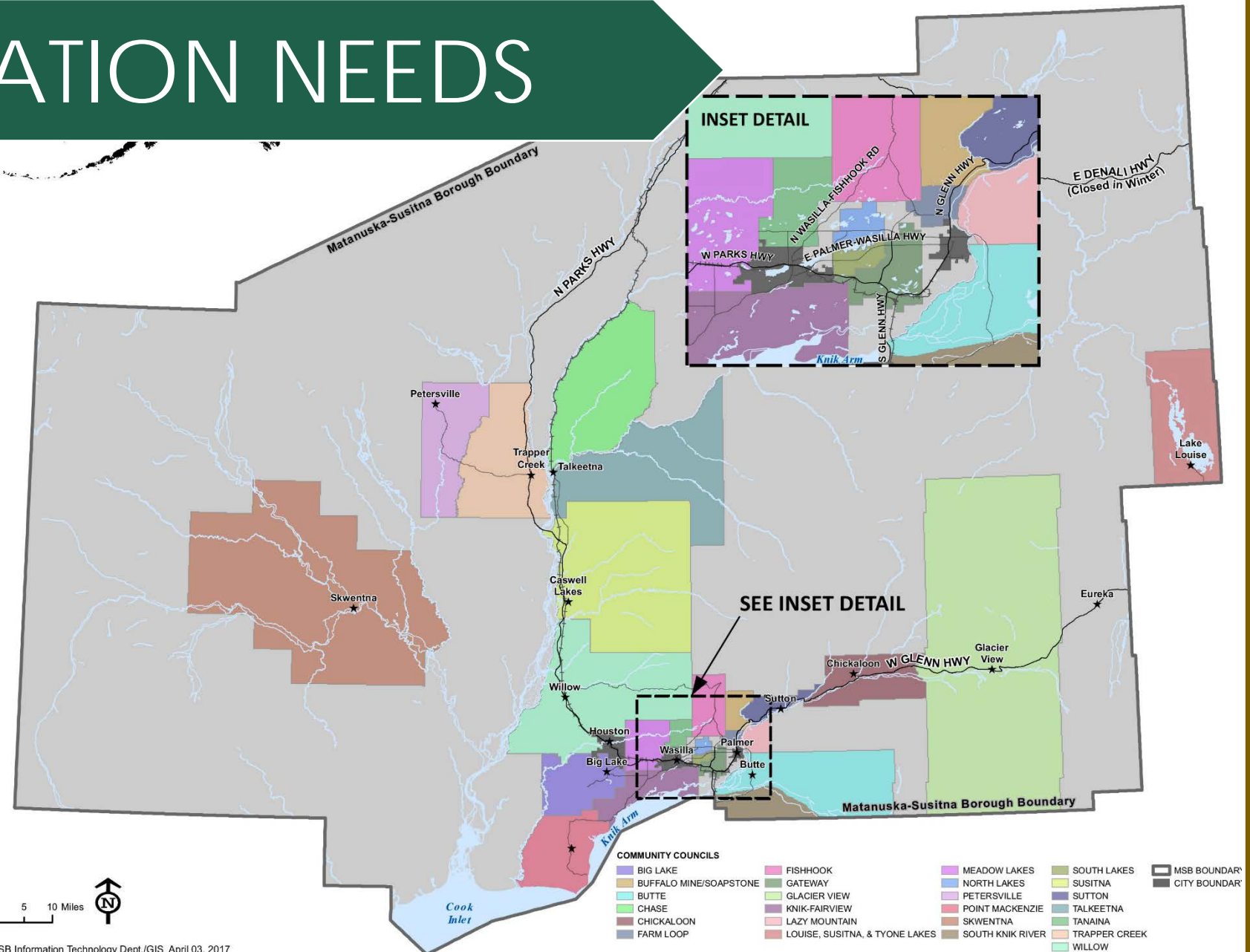
Population: **106,532** (2017 estimate)

Seniors: **10.5%**

Persons with disability, under age 65: **9.2%**

Persons without health insurance, under age 65: **15.7%**

Persons in poverty: **9.5%**

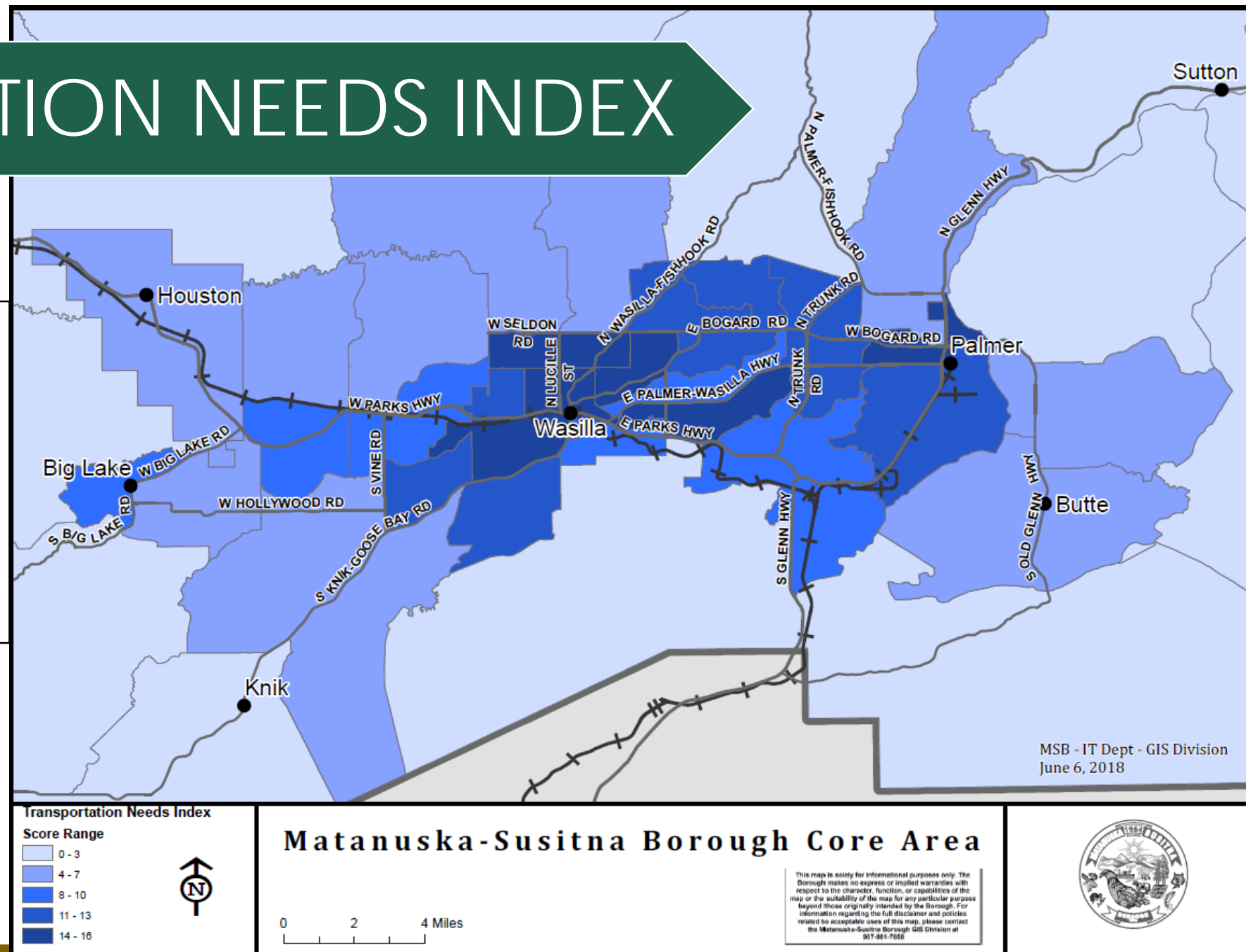


Source: US Census Bureau, American Community Survey, Matanuska-Susitna Bureau

TRANSPORTATION NEEDS INDEX

Combination of Factors

- Low Income Households
- Seniors 65+
- 0 Vehicle Households



HEALTH NEEDS

The 2016 Community Health Needs Assessment (CHNA) identified *transportation* as the top factor affecting health of Mat-Su residents.

- The lack of public transportation is a barrier to accessing both primary care and specialty services.
- In 2012, 7% of Mat-Su residents reported a lack of transportation as a barrier to accessing health care.
- The CHNA found many residents who frequented the emergency department (ED) for a non-emergent issue attributed the choice to a lack of transportation (“easier to get to the ED”)
- Transportation impacts the ability to enjoy many of the existing indoor and outdoor recreational activities that support a healthy lifestyle.
- Lack of transportation creates social isolation and limits continuity of care.
- Those who live in rural areas [of the Mat-Su] must travel farther to grocery stores, shopping and health care services; are more likely to have lower incomes and lack transportation and other resources, not to have electricity and/or running water in their homes.

The Goal: For all Mat-Su residents to have transportation to work, healthcare appointments, school/community activities, and other opportunities that affect the quality of their lives.

SHARED EXPERIENCES

“Some of the individuals we see are because of lack of transportation and access to healthcare. We end up seeing them because of lack of intervention earlier. We get the history of where they have been. It is not easy to get health care; people that won’t take Medicaid. There is a waiting list to access care: mental health, drug addiction services, (and the) dentist; and the they don’t have transportation to get there.”
Mat-Su Judge

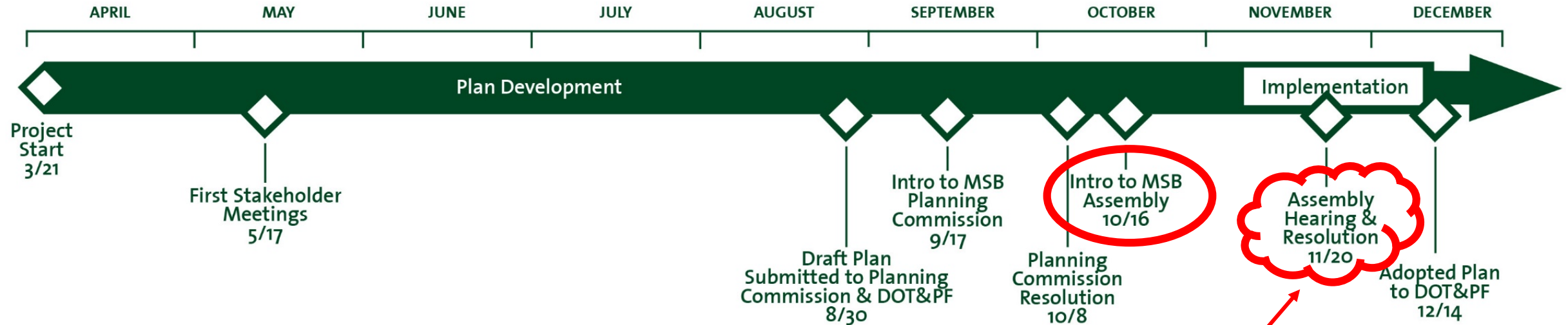
A healthy community is where any person can look around them and see a face of support and not feel that there is a stigma associated with needing a helping hand...” – Talkeetna Resident

People are a ways off the route. If you are not able to go two miles to the [Mascot] bus stop, you are isolated.”
– Alaska Family Services Case Manager

“I wait for something that’s throbbing, out of my control or my jaw is swollen before I go to a dentist anymore, because it’s so cost prohibitive.” – Talkeetna Senior

I think isolation is the root of so many things. If they do not have support from their family and they are afraid to reach out...it leads to depression or overeating or an unhealthy style of life. That might be the foundation; you know, the catalyst to all these other (things like) abuse, because they don’t know how to cope with it.” – Wasilla Rotary Member

PLAN UPDATE PROCESS



A locally developed and adopted plan is required for DOT&PF Acceptance.

QUESTIONS? COMMENTS?

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